



Laparoscopic resection of a residual retroperitoneal tumor mass of nonseminomatous testicular germ cell tumors

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Abstract

Background Resection of a residual retroperitoneal tumor mass (RRRTM) is standard procedure after combination chemotherapy for metastatic nonseminomatous testicular germ cell tumors (NSTGCT).

Methods At the University Medical Center Groningen, 79 consecutive patients with disseminated NSTGCT were treated with cisplatin combination chemotherapy between 2005 and 2007. Laparoscopic RRRTM was performed for patients with RRTM located less than 5 cm ventrally or laterally from the aorta or the vena cava. The 29 patients who fulfilled the criteria had a median age of 25 years (range, 16–59 years). The stages of disease before chemotherapy treatment according to the Royal Marsden classification were 2A ($n = 6$, 21%), 2B ($n = 14$, 48%), 2C ($n = 3$, 10%), and 4 with a lymph node status of N2 ($n = 6$, 21%).

Results The median duration of laparoscopy was 198 min (range, 122–325 min). The median diameter of the RRTM was 21 mm (range, 11–47 mm). Laparoscopic resection was successful for 25 patients (86%). Conversion was necessary for three patients (10%): two due to bleeding and one because of obesity. One nonplanned hand-assisted procedure (3%) also had to be performed. Histologic

examination of the specimens showed fibrosis or necrosis in 12 patients (41%), mature teratoma in 16 patients (55%), and viable tumor in 1 patient (3%). The median hospital stay was 1 day (range, 1–6 days). During a median follow-up period of 47 months (29–70 months), one patient experienced an early relapse (1 month after the end of treatment) (4%).

Conclusion For properly selected patients, laparoscopic resection of RRTM is an improvement in the combined treatment of disseminated NSTGCT and associated with a short hospital stay, minimal morbidity, rapid recovery, and a neat cosmetic result. Long-term data to prove oncologic efficacy are awaited.

Keywords Nonseminomatous · Testicular germ cell tumor · Residual retroperitoneal tumor mass

Treatment for nonseminomatous testicular germ cell tumors (NSTGCT) has developed enormously during the past 30 years, leading to an improved prognosis with an overall 10-year survival rate of almost 90% [1]. Disseminated disease is treated with cisplatin-based polychemotherapy that comprises three or four courses of bleomycin, etoposide, and platinum (BEP) according to the International Germ Cell Consensus Classification (IGCCC) prognosis group [2, 3].

Surgical resection is the gold standard for managing postchemotherapy residual retroperitoneal masses in advanced NSTGCT. The aim of surgery is to resect the residual retroperitoneal tumor mass (RRTM) and other residual disease localizations such as lung metastases [4, 5]. The policy with regard to the extent of surgery for residual masses after chemotherapy is a subject of ongoing discussion with a surgical spectrum that ranges from

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excision of only visible abnormal masses [6, 7] to full bilateral retroperitoneal lymph node dissection (RPLND) [8, 9]. Proponents of a full bilateral RPLND state that patients with advanced NSTGCT are at high risk for tumor in lymph nodes not included in modified RPLND because areas of teratoma or carcinoma are difficult to visualize intraoperatively. However, the literature confirms that modified postchemotherapy RPLND for well-defined residual masses is a safe surgical and oncologic procedure with less morbidity [7, 10].

After chemotherapy, mature teratoma and viable residual tumor are the main arguments for surgery. An alternative approach to surgery can be observation of patients with NSTGCT after systemic chemotherapy. Models for predicting postchemotherapy residual mass histology have been proposed to determine the patients for whom surgery should be considered [11, 12]. Noninvasive attempts have been made to predict “reliably” the viability of residual tumor tissue after chemotherapy using magnetic resonance imaging (MRI) and, more recently, positron emission tomography (PET) [13]. Nevertheless, because reliable predictions about necrosis, fibrosis, mature teratoma, or viable tumor tissue in the residual metastases cannot be made, adjuvant surgery with resection of residual disease still is indicated.

Traditionally, open full-template non-nerve-sparing RPLND was the standard practice. This approach was associated with complications related to invasive surgery, particularly damage to the sympathetic ganglia, hypogastric nerves, or postganglionic nerve fibers. These complications were responsible for sexual morbidity, mainly anejaculation and erectile disturbances [14]. Currently, the morbidity is low, and preservation of sexual and ejaculatory function is highly reliable with either a template- or nerve-sparing complete RPLND, especially in high-volume centers [15]. The median postoperative hospital stay is 6 days [16].

Higher morbidity with open RPLND and the general benefits of laparoscopy such as decreased blood loss, less pain, better cosmetic results, and a shorter postoperative hospital stay have led to the introduction of laparoscopic RPLND. On a modest scale, laparoscopic RPLND is performed primarily for the staging and possible treatment of testicular cancer, mainly in stage 1 disease [17–19]. With further refinement of laparoscopic techniques, several centers also have described the benefits of the laparoscopic procedure for stage 2 disease after completion of chemotherapy [20–26].

At the University Medical Center Groningen (UMCG), the feasibility of resecting RRTM laparoscopically was explored and evaluated as a minimally invasive surgical technique applied in the field of adjuvant surgery in the combined treatment of testicular cancer.

Materials and methods

From October 2004 to August 2007, 79 consecutive patients with disseminated NSTGCT were treated using cisplatin-based combination chemotherapy at UMCG. Before chemotherapy, the patients were staged according to the Royal Marsden classification system based on spiral computed tomographic (CT) findings of the abdomen as well as on chest and tumor marker analysis. Patients received three or four courses of BEP depending on their IGCCC classification [2, 3].

After completion of chemotherapy, when the patients had achieved complete biochemical remission (90%), they were restaged with a spiral CT of the abdomen and chest. Of the 79 patients, 53 (67%) showed a complete biochemical response with residual disease. Afterward, 45 patients (57%) had surgery, primarily resection of a residual retroperitoneal tumor mass (RRRTM) (51%).

Table 1 summarizes the baseline characteristics and outcome data for all 79 consecutive patients. Eight patients with residual disease and a complete response (10%) did not undergo surgery because of extended disease in multiple organs ($n = 6$), mediastinal disease ($n = 1$), or irresectable massive retroperitoneal residual disease ($n = 1$).

Patient selection for laparoscopic RRRTM was based on the size and location of the residual tumor. Patients with a residual retroperitoneal tumor mass with a diameter smaller than 50 mm shown on CT and located ventrally or laterally from the aorta or vena cava were candidates for laparoscopic resection of these abnormalities. Retroperitoneal tumor masses posterior to the great vessels were not candidates for laparoscopic resection.

On the basis of these selection criteria, 29 patients with a median age of 25 years (range, 16–59 years) underwent an adjunctive laparoscopic RRRTM. The characteristics of these patients are summarized in Table 2. The primary tumor location was in the left testicle of 16 patients (55%) and in the right testicle of 13 patients (45%). The median follow-up period in this study was 47 months (range, 29–70 months). During the same period, 11 patients underwent conventional laparotomy for RRRTM (Fig. 1). Eight patients had residual retroperitoneal disease too large for laparoscopic resection, and for three patients, a laparoscopic procedure was not opportune because of the tumor location.

Laparoscopic procedure

Preoperatively, no intestinal preparation was done, and no prophylactic antibiotics were administered. Laparoscopic resection was performed by experienced laparoscopic surgical oncologists. The patients were placed supine with both legs abducted in the “French” position (also called the

Table 1 Patient baseline characteristics and outcome data for all 79 consecutive nonseminomatous testicular germ cell cancer patients with disseminated disease treated using cisplatin-based chemotherapy at the University Medical Center Groningen (UMCG) between October 2004 and August 2007

Median age: years (range)	29 (18–63)
Stage of disease according to Royal Marsden: <i>n</i> (%)	Stage 2: 43 (54) Stage 3: 4 (5) Stage 4: 31 (39) Unknown: 1 (1)
Prognosis (IGCCC): <i>n</i> (%)	
Good	46 (58)
Intermediate	22 (28)
Poor	10 (13)
Unknown	1 (1)
Tumor response after chemotherapy: <i>n</i> (%)	
Complete biochemical response	71 (90)
Without residual disease	18 (23)
With residual disease	53 (67)
No surgery of residual disease	8 (10)
Surgery of residual disease	45 (57)
Retroperitoneal	40 (51)
Lungs	5 (6)
No normalization of tumor markers	5 (6)
Biochemical relapse within 1 month	1 (1)
No completion of chemotherapy	2 (3)
Outcome/survival status: <i>n</i> (%)	
No evidence of disease	68 (86)
Alive with disease	4 (5)
Died of disease	6 (8)
Died of other causes	1 (1)
Median follow-up after chemotherapy: months (range)	
For all 79 patients	52 (3–75)
For 72 patients (excluding 7 patients who died)	53 (21–77)

lithotomy position) or in a half-right lateral position depending on the site of the RRTM.

In the case of a predominant pericaval residual tumor mass, the patients underwent surgery in the French position. Periaortic and left-sided masses were resected with patients in the half-right lateral position. Patients with bilateral RRTM were again placed in the French position. Pneumoperitoneum was created using an open technique, and the first 10-mm blunt tip trocar was situated paraumbilically (for the camera). Additionally, a 5-mm trocar was placed in the suprapubic region and a 10-mm trocar in the left lower abdomen. Another 5-mm trocar was inserted into the epigastrium (Fig. 2).

Dissection was performed using the Harmonic ultrasonic cutting device (Ethicon-Endosurgery, Cincinnati, OH, USA). During the laparoscopic approach, the colon was mobilized to expose the aorta, the vena cava, or both.

The anatomic landmarks were the renal vein, the ureter, and the iliac vessels. Care was taken to avoid the lumbar vessels in the retroaortic region, with the aim to prevent autonomic nerve damage.

After exposure of the retroperitoneum and identification of the RRTM, extension of the surgical resection consisted of excising the RRTM only without unilateral dissection according to templates. An EndoCatch (Covidien, Mansfield, MA, USA) was used to remove the surgical specimen. Intraoperative frozen section analysis of the specimen was not performed. No drains were used. The aim was to perform non-hand-assisted procedures. Conversion was performed when complications arose or when the surgical oncologist had the impression that the RRTM could not be removed completely using laparoscopy.

After laparoscopic resection, the patients were followed in the same manner as patients after conventional resection. A strict follow-up protocol according to European Society for Medical Oncology guidelines was carried out by the medical oncologist. This protocol included a monthly clinical assessment and tumor marker determination during the first postoperative year, followed by a gradually tapering schedule (every 2 months the second year, every 3 months the third year, every 6 months the fourth year, then annually thereafter). A CT scan of the chest and abdomen was performed in the case of clinical or biochemical signs of recurrence or for patients who were marker negative at the initial presentation of disseminated disease. Operative time, complications, transfusion rate, conversion to open surgery, and duration of hospital stay were analyzed.

Results

All 29 patients included in the laparoscopic treatment group had a biochemical complete remission after chemotherapy. Polychemotherapy elicited a reduction of the retroperitoneal metastases with a mean factor of 0.6, resulting in a median postchemotherapy tumor size of 21 mm (range, 11–47 mm) (Table 2). In almost two thirds of the patients, the residual tumor was located in the latero-aortic region. The median interval between the last chemotherapy course and the laparoscopic resection of RRTM was 3 months (range, 1–6 months).

For 25 patients (86%), the laparoscopic procedure could be conducted as planned. For 3 patients (10%), conversion to open surgery was necessary due to slight bleeding from the common iliac artery, larger bleeding from the aorta, and the impossibility of creating a good exposure in an obese patient. In another patient (3%), the initial plan was changed because extreme obesity prevented the creation of a window sufficiently large for laparoscopic exploration,

Table 2 Individual characteristics of 29 non-seminomatous testicular cancer patients treated with laparoscopic resection of residual retroperitoneal tumor mass (RRRTM)

Patient no.	Age (years)	Side of primary tumor	Histology of primary tumor ^a	Royal Marsden stage	IGCCC	Diameter of RP mass pre-CT (mm)	Chemotherapy	Diameter of RP mass post-CT (mm)	RRRTM ^b	OR time (min)	Complication	PO hospital stay (days)	Histology of RRRTM ^c	FU (month)	Outcome
1	27	Left	1, 3	2B	1	20	4 (B)EP	12	L	195		3	N/F	70	NED
2	18	Left	3	2B	1	41	4 (B)EP	16	L	198		1	N/F	66	NED
3	35	Left	1, 4	2C	1	70	3 BEP	41	C	280		1	T	59	NED
4	25	Left	1, 3	2B	1	32	3 BEP	26	L	188		1	T	49	NED
5	23	Left	1, 4	4	1	20	4 BEP	15	L	186		1	N/F	49	NED
6	22	Right	1, 3	2B	2	50	3 BEP	17	L	215		1	T	54	NED
7	25	Right	1, 3	2A	1	12	3 BEP	30	L	280	Chylous leakage	1 ^d	T	48	NED
8	25	Left	1, 2, 3	4	1	38	3 BEP	23	L	198		2	T	52	NED
9	17	Left	1, 2, 3	2B	1	33	4 BEP	17	L	248		1	T	50	NED
10	18	Left	1, 3, 4	4	3	53	4 (B)EP	46	L	187		1	N/F	51	NED
11	23	Left	1, 3	2B	1	34	3 BEP	11	L	148		1	N/F	47	NED
12	20	Right	1, 3	2A	1	17	3 BEP	30	C	276	Bleeding iliac artery	4	T	47	NED
13	28	Right	2, 3, 4	2B	1	33	4 (B)EP	13	L	168		2	T	48	NED
14	30	Right	5	2C	2	62	4 BEP	41	L	325		1	T	51	NED
15	41	Right	1, 3	2A	1	10	3 BEP	22	L	200		1	N/F	48	NED
16	31	Left	1, 2	2B	1	26	3 BEP	17	L	246		1	T	47	NED
17	27	Left	1, 3	2B	1	47	3 BEP	30	L	160		1	N/F	38	NED
18	30	Left	1, 2, 3	2B	1	32	3 BEP	12	L	220		1	N/F	41	NED
19	59	Left	1, 2, 3, 4	4	1	38	4 BEP	47	L	184		1	T	42	NED
20	16	Right	1, 3	2C	2	78	4 (B)EP	36	L	190	Anejaculation	1	T	43	NED
21	34	Right	3, 4	4	1	31	3 BEP	12	L	229		1	N/F	41	Relapse/ NED ^e
22	41	Right	1, 2, 3, 4	2A	1	17	3 BEP	33	C	149	Bleeding aorta	6	VT	41	NED
23	26	Right	1	2A	1	14	3 BEP	13	L	222		2	N/F	41	NED
24	30	Left	1, 2	2B	2	34	4 BEP	17	L	210	Bleeding testicular vein	1	N/F	36	NED
25	29	Left	1, 2, 3	2A	1	19	3 BEP	11	L	122		1	T	41	NED
26	22	Right	1, 2	2B	1	27	3 BEP	21	L	133		1	T	34	NED
27	26	Right	1, 2, 3, 4	2B	1	29	3 BEP	33	L	202		1	T	37	NED
28	20	Left	1, 2, 3	2B	2	32	3 BEP	23	L	152		1	T	29	NED

Table 2 continued

Patient no.	Age (years)	Side of primary tumor	Histology of primary tumor ^a	Royal Marsden stage	IGCCC	Diameter of RP mass pre-CT (mm)	Chemotherapy	Diameter of RP mass post-CT (mm)	RRRTM ^b	OR time (min)	Complication	PO hospital stay (days)	Histology of RRRTM ^c	FU (month)	Outcome
29	42	Right	6	2B	1	121	3 BEP	40	C ^f	282		5	N/F	36	NED

RP retroperitoneal; IGCCC International Germ Cell Consensus Classification; CT computed tomography; OR operating room; PO postoperative; FU follow-up; NED no evidence of disease; (B)EP (bleomycin), etoposide, platinum; BEP bleomycin, etoposide, and platinum

^a 1 (embryonal carcinoma), 2 (yolk sac tumor), 3 (teratoma), 4 (seminoma), 5 (burnout germ cell tumor), 6 (Leydig hyperplasia)

^b L, laparoscopic, C, converted to hand-assisted procedure

^c N/F (necrosis/fibrosis), T (teratoma), VT (viable tumor)

^d Readmission after 3 weeks for 13 days and after 4 months for 16 days

^e Relapse 1 month after laparoscopy, 6 months after completion of chemotherapy, 41 months NED

^f Converted to a laparotomy due to impossibility of creating a good exposure in an obese patient

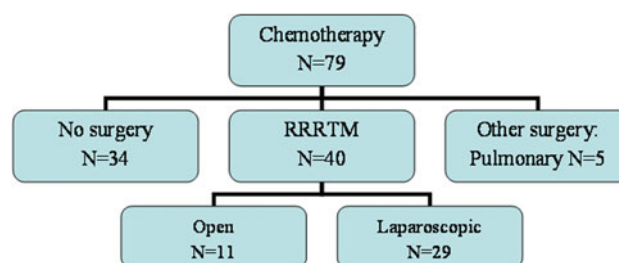


Fig. 1 Flowchart of patients with disseminated testicular cancer receiving polychemotherapy (October 2004–August 2007)

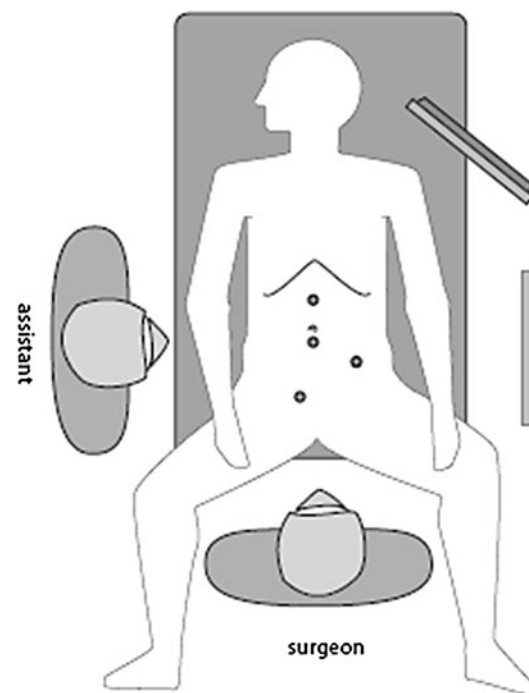


Fig. 2 Operative technique. Positioning of patient (“French” position) and team

and a hand-assisted laparoscopic resection of the tumor was performed. The only minor perioperative complication encountered was an injury to the testicular vein at the left side, which was managed laparoscopically with clips.

The median duration of surgery for the 29 patients, including positioning of the patient, was 198 min (range, 122–325 min). When the three patients who had conversion to laparotomy and the one patient who underwent a hand-assisted procedure were excluded, the median duration of a successful laparoscopic resection was 195 min (range, 122–325 min). The estimated blood loss was minimal (<50 ml), except for the converted patient with bleeding from the common iliac artery who did not need blood transfusion and the converted patient with bleeding from the aorta who lost up to 1,500 ml of blood.

The median postoperative hospital stay was only 1 day (range, 1–6 days). The longest postoperative hospital stay (6 days) was experienced by the patient who had to undergo conversion due to injury of the aorta. During preparation of the two residual tumor masses from the aorta, a large bleeding occurred. Laparoscopy was quickly converted to a laparotomy, and the diathermic injury to the aorta was managed with two sutures. This procedure required a total operative time of 149 min.

No postoperative infections occurred. One short-term postoperative complication (3%) included a massive chylous ascites which could not be treated conservatively. After 4 months, laparoscopic exploration showed visible leakage from a lymph vessel, which was coagulated successfully with argon diathermia and clipped. One patient had anejaculation after laparoscopic RRRTM.

Histologic examination showed necrosis or fibrosis in 12 patients (41%) and teratoma in 16 patients (55%). In one patient (3%), a radically resected viable tumor was found. Preoperatively, this patient received three courses of BEP, and after complete laparoscopic RRRTM, no additional chemotherapy courses were given.

During the median follow-up period of 47 months (mean, 46 months; range, 29–70 months), one short-term local recurrence was experienced by a 34-year-old man in the good risk prognosis group who had mature, immature teratoma and seminoma elements in his right-sided primary tumor. This man received three courses of BEP. Polychemotherapy resulted in a biochemical complete remission and was followed by a laparoscopic RRRTM. Residual tumor masses were located on the left side next to the aorta and between the aorta and the vena cava. Histology showed fibrosis. The man's tumor markers were slightly elevated 1 month after laparoscopy and 6 months after completion of chemotherapy. A CT scan showed recurrence between the aorta and the vena cava (Fig. 3). Additional polychemotherapy (paclitaxel, ifosfamide, and cisplatin) was administered, and the patient achieved a complete response, both biochemically and radiologically. A laparotomy with formal template dissection on both sides was performed. Histology of the specimen showed fibrosis. No signs of recurrence were detected 41 months after the man's last surgery.

Discussion

Laparoscopic RPLND was first described in 1992 for a patient with stage 1 NSTGCT [17]. With further development of laparoscopic techniques and experience performing them, laparoscopic RPLND was introduced in several specialized centers for the staging and treatment of mainly low-stage testicular cancer using the same boundaries of

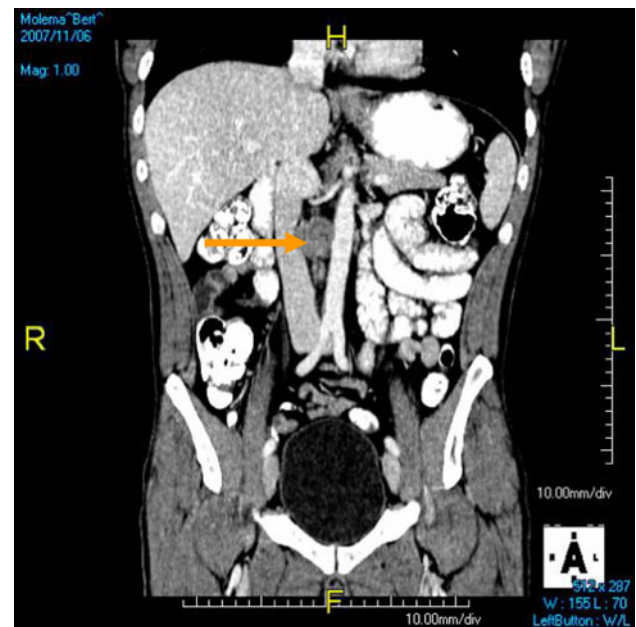


Fig. 3 Abdominal computed tomography (CT) scan of retroperitoneal recurrence

dissection as with an open approach. Table 3 summarizes the results reported by these centers [20–26]. The results show that the laparoscopic approach is feasible, with minimal morbidity, rapid recovery, and a neat cosmetic result. However, long-term oncologic results and equivalence of the conventional procedure with laparoscopic RRRTM are not fully established.

At UMCG, laparoscopic RPLND has been performed since 2005 for well-selected cases. Two thirds of the patients with RRTM appear to be candidates for laparoscopic resection RRTM.

The current study aimed to investigate our results for laparoscopic resection of RRTM, which was performed successfully for 11- to 47-mm masses in 25 of the 29 selected patients. The postoperative complication rate was 7% due to postchemotherapy chylous ascites after RPLND, a not unusual complication with an incidence of 2% [27], and anejaculation experienced by one patient. The median hospital stay was 1 day. In addition, neat cosmetic results were achieved.

During the same study period, 11 patients treated at UMCG with cisplatin-based polychemotherapy for disseminated NSTGCT did not fulfill the laparoscopic inclusion criteria and were scheduled for conventional surgery consisting of laparotomy with RRRTM. The median postoperative stay for these 11 patients who underwent a laparotomy for RRTM was 6 days (range, 2–9 days), which is comparable with the median hospital stay after laparotomy reported in the 1980s [16].

As mentioned earlier, four procedures (14%) could not be performed (completely) according to plan. The

Table 3 Comparison of postchemotherapy studies

Series	Year	n	Stage (n)	Conversion n (%)	Peri-operative complication n (%)	Post-operative complication n (%)	Operative time (min)	Hospital stay (days)	Retropitoneal recurrence n (%)	Distant relapse n (%)
Rassweiler et al. [20]	1996	8	2 B (2) 2C (6)	6 (75)	?	1 (13)	357	7	None	None
Palese et al. [21]	2002	7	2A-B (2) 2B1, 2C1, 3 (3)	2 (29)	4 (57)	None	411	2	None	None
Steiner et al. [22]	2004	68	10 2A (10) 2B (43) 2C (15)	0 (0)	0 (0)	28 (17) ^a	243	3.7	1 (1)	None
Albqami and Janetschek [23]	2005	59	2B (43) 2C (16)	0 (0)	9 (15)	11 (19)	234	3.8	1 (2)	None
Permpongkosol et al. [24]	2007	16	A (3) B (8) 2C (2) 3A (2) 3B (1)	2 (13)	4 (25)	3 (19)	318	2	None	1 (6)
Maldonado-Valadez et al. [25]	2007	16	2A (2) B (6) 2C (2) 3 (6)	0	0	0	237	4.7	1	None
Calestroupat et al. [26]	2009	26	2A-B (16) 2C (13)	3 (12) ^b	9 (35) ^c	None	183	5	None	None
Current series	2009	29	2A (6) 2B (14) 2C (3) 4 (6)	4 (14) ^b	3 (10%) ^c	2 (7%)	198	1	1 (4)	None

^a Complications in a total of 185 patients, stage 2 included^b Including one conversion to a hand-assisted procedure^c One minor injury of the testicular vein and two bleedings leading to conversion

conversion rate for seven reported series varied from 0 to 75% and was 14% (4 patients) in the current series (Table 3) [20–26]. These four conversions included a nonplanned hand-assisted laparoscopic procedure and a laparotomy because of technical difficulties based on obesity of the patients. Two other conversions to a conventional laparotomy were required due to bleedings, which included one slight bleeding of the iliac artery and a larger bleeding from the aorta.

Residual retroperitoneal tumor masses are sometimes extensively attached to surrounding tissues, making a good resection extremely difficult to achieve. This can explain the occurrence of bleedings, such as the bleeding from the aorta. This risk of a bleeding possibly is higher with laparoscopic procedures than with open procedures, so adequate patient selection with evaluation of the tumor characteristics is important. In most cases, laparoscopic techniques are sufficient for handling bleedings, and conversion is not needed.

In the current study, one bleeding of the testicular vein could be managed laparoscopically. The patient was discharged from the hospital 1 day postoperatively. In another study, 9 of 59 patients (43 stage 2B, 16 stage 2C) experienced bleeding during laparoscopy not requiring conversion [23].

In the series of Steiner et al. [22], 68 patients underwent laparoscopy after two or three courses of chemotherapy without the need for any conversion. However, these authors did convert 2.4% of the stage 1 patients. These patients had not received preoperative chemotherapy.

In a small series by Rassweiler et al. [20], six (75%) of eight patients with stage 2C disease who underwent post-chemotherapy laparoscopy had conversion to a laparotomy because of desmoplastic reaction around the aorta and the vena cava as a result of chemotherapy [28, 29]. Permpongkosol et al. [24] had to convert procedures due to vascular injury in 2 (12.5%) of 16 patients who had received three or four courses of chemotherapy (Table 3).

The median duration of the laparoscopic procedure in the current series was 198 min, compared with 216–348 min described in literature. Furthermore, the median postoperative hospital stay was 1 day compared with median hospital stays ranging from 2 to 8.2 days in other laparoscopic series. These other series also included patients who had conversion to a laparotomy, thus explaining the discrepancy with our results.

Currently, very few institutions have reported laparoscopic RRRTM after chemotherapy for disseminated NSTGCT. Our first experience with this new technique was favorable. The minimal morbidity, the short postoperative hospital stay, and the neat cosmetic result are a step forward in the combined treatment of testicular cancer.

Although we have achieved good results over the past 30 years with conventional RRRTM, it appears that this also is possible with laparoscopic resection for patients with minimal RRTM. Approximately 70% of disseminated testicular cancer patients who require RRRTM are candidates for complete laparoscopic resection based on the current selection criteria. However, it is unknown whether the laparoscopic procedure will result in more frequent (short or late) relapses. In the current series, one patient (4%) had a short-term relapse. The recurrence was located between the vena cava and the aorta. Preoperative CT scan images showed an RRTM located on the left side of the aorta between the aorta and vena cava. Although this RRTM was resected during laparoscopy, residual tissue remained behind, causing outgrowth of viable tumor. This relapse can be calculated as a technical failure. Short- and long-term relapses after chemotherapy are mostly related to incomplete resection of residual disease and also are encountered after conventional surgery [30].

The limitation of this study is that the oncologic efficacy of the procedure remains questioned because the long-term oncologic follow-up data are not equivalent to those for the open procedure. In the future, after more patients have been treated with laparoscopic resection, data will become available with reliable relapse figures. This potential pitfall requires prolonged and very stringent follow-up assessment to monitor the oncologic safety of the laparoscopic resection of RRTM. It is important to perform thorough follow-up assessment to be certain that a minimally invasive intervention does not involve the risk of so-called extra-template disease [31].

An overshadowing component of our study is the controversy surrounding the surgical management of patients with NSTGCT and concerns about the development of late-relapsing abdominal teratoma [29]. Late-recurring disease is characterized by slow growth, production of alpha-fetoprotein, chemoresistance, and a poor prognosis [28]. Our surgical management of patients with NSTGCT conforms to the European guidelines for testicular cancer [27].

Although our results and those of others are favorable, questions remain: Is laparoscopic RRRTM as complete oncologically as an open procedure? How long should we wait before laparoscopic RRRTM is proclaimed as the standard, or should a randomized study be performed? Particularly the rapid postoperative recovery, the low morbidity, and the neat cosmetic results contribute to the well-being of the usually young patients, most of whom still have many years ahead of them. Whatever policy is chosen for the treatment of patients with advanced NSTGCT, management should take place at a referral center with specific expertise in the treatment of testicular cancer and an oncologic team of specialists.

Conclusion

Laparoscopic RRRTM after chemotherapy for disseminated testicular cancer is a feasible surgical treatment option with a short hospital stay and neat cosmetic results for well-selected patients. Which patients are the right candidates for laparoscopic RRRTM remains the question. Close and long-term follow-up assessment of long-term results with respect to tumor recurrence is obligatory.

Disclosures Çiğdem Öztürk, Robert J. van Ginkel, Ruby M. Krol, Jourik A. Gietema, Hendrik S. Hofker, and Harald J. Hoekstra have no conflicts of interest or financial ties to disclose.

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